

WEEK 3 SUPPER MENU

Monday

crispy homemade fish
fingers with tartare
sauce in a baguette

creamy carbonara
pasta spirals

sautéed broccoli mixed
with sunflower seeds
fresh vegetables
salad bar

homemade yoghurt
with a choice
of toppings

Tuesday

Moroccan lamb tagine
maple chicken wings

lightly spiced couscous
fresh vegetables
salad bar

homemade yoghurt
with a choice
of toppings

Wednesday

Mexican Evening

chilli con carne
chilli sin carne
fajitas
burritos

cheese topped garlic
bread

fresh vegetables
salad bar

homemade yoghurt
with a choice
of toppings

Thursday

mac'n'cheese night
one with bacon,
one without

fresh vegetables
salad bar

homemade yoghurt
with a choice
of toppings

Friday

slow braised beef
cheeks in a rich
red wine gravy

aubergine & butternut
casserole

Dauphinoise potatoes
sautéed green beans
fresh vegetables
salad bar

homemade yoghurt
with a choice
of toppings

A range of fresh tasty salads, protein items and baked potatoes with hot and cold toppings are also available daily
Yoghurt, chilled deserts and freshly cut and whole fruit are also served.

WE ARE A NUT AND SESAME FREE SCHOOL